

# **Be Proactive: 10 Steps to Safety!**

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#2: A Budget

**#3: A Safety Coordinator** 

**#4: Employee Discipline** 

**#5: A Written Safety Program** 

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## 1. Leadership From the Top

The company owner must take an active role in developing and supporting a company wide safety program and must communicate its importance to all employees. The CEO or owner should write a mission statement stating the company's pledge to support the safety and health of its employees. This should be on the first page of your program.

Among other things, the owner must provide adequate staff and budget to meet the company's safety goals and objectives; hold supervisors accountable for success or failure in achieving specific safety performance and insurance cost control goals; participate periodically in employee safety toolbox talks or other training; and review monthly field safety status reports.

#### 2. A Budget

The average overall cost of a safety program is about 2.5% of direct labor costs. What you spend varies according to the safety resources you have on hand, and what you need. Typical expenses include training, safety equipment, signage and first-aid kits. Don't be afraid to ask all employees if they are volunteers (EMT or volunteer firemen). Most of the civic

minded individuals that volunteer for these jobs would be glad to assist at the company level.

If you are considering using a safety consultant to evaluate your sites and develop a program, be sure to include those fees in your budget.

In addition, budget for incentives. Focus on positive aspects of the safety & health program within the company. Have a good system to reward employees for properly following safety procedures. Otherwise, if the program depends solely on reporting injuries, it focuses on the negative.

For every dollar (\$1) spent on loss control and safety within a company, the company can expect a return on their investment between three (\$3) & four (\$4) dollars in savings (insurance premiums, worker productivity and hiring & training replacement workers are examples). **SAFETY PAYS!** 

#### 3. A Safety Coordinator

Designate a staff person to be responsible for the company's overall safety performance. Among those responsibilities, the coordinator must: personally conduct regular safety audits of the job site and correct hazards; participate in accident investigations making recommendations on how to prevent them in the future; maintain and update any necessary OSHA records and Material Safety Data Sheets; provide every employee with a copy of the company's safety and health program, policies and safe work practices; and ensure that each job site has the necessary safety equipment, information and materials, personal protective equipment, first-aid supplies and emergency telephone numbers. That designated person also should have the authority to stop a project, if necessary.

Insist that your safety coordinator and all supervisory personnel **lead by example**. If rank and file employees witness senior personnel not following known safety & health rules & regulations, the program will never succeed.

#### 4. Employee Discipline

As hard as it may be, discipline for all offending employees is a must. You must require that all employees and contractors on your job sites follow the safety and health rules. Because there are some legal issues involved in disciplining employees, good documentation of procedures is critical.

In a typical approach to accountability and safety enforcement procedures, it should be understood that failure to pursue the goal of no losses from work-related injuries and illness could result in the termination of employment. Every employee must be held accountable for safety (**including foremen & superintendents**), and this should be reflected in retention, promotions, salary increases, bonuses and other benefits.

Employees who are reprimanded should have the opportunity to correct unsafe work practices and behavior. The reprimand should go into the employee's personnel file. An employee

Every employee must be held accountable for safety (including foremen & superintendents), and this should be reflected in retention, promotions, salary increases, bonuses and other benefits. warning about rule infractions should precede any further disciplinary action.

Reprimands can typically be issued for failing to wear proper protective equipment such as safety glasses; performing work in an unsafe manner; violating adopted safe work practices; and behaving in a way that puts others on the job at risk.

A verbal warning should be given to a worker, sub, vendor or invited guest the first time they violate the safety program, and the

safety coordinator should receive a written report from the supervisor on the details of the violation and the resulting discussion. A written reprimand should be issued for the second violation, and a third violation would result in dismissal. Invited guests or customers who repeatedly violate the company safety program should be asked not to return to the job site.

Remember, all specific safety rules & regulations need to

#### **Values**

be reviewed with employees at the time of initial hire during a new employee orientation. Explain to the employee that SAFETY IS A CORE VALUE WITH YOUR ORGANIZATION! Let the employee know that you care & VALUE him or her as a person and their well being is the first priority within the company. By not following specific rules within the company, the offending parties are showing that they do not VALUE YOU AS AN EMPLOYER! If termination of an employee is eminent, during the termination process explain to the employee that they (the employee) and the company do not share the same set of **VALUES**. Instead of terminating the employee for disobeying company safety rules, they are being relieved of their duties due to a difference in core VALUES. Also, make no mistake, if one employee is dismissed for not sharing the core values of the company, word of the dismissal will spread quickly throughout the organization. All employees will then get the message that safety is truly a CORE VALUE WITHIN THE COMPANY!

#### 5. A Written Safety Program

The program must include company-specific job site safety policies, regulations and procedures and other OSHA-specified items including procedures for reporting accidents and unsafe conditions, hazardous material communications and tool safety.

Rather than writing it yourself, OSHA has some boiler plate items that may be useful in initially setting up a safety & health manual within a company. (www.osha.gov) Do not include sections that do not relate to the work being performed within your company. (i.e., if you perform residential framing and you have a section on steel erection in your manual). Keep the manual specific to the tasks at hand. Include all specific sections that will pertain to the work. The task of writing a comprehensive safety & health program can be daunting to some contractors.

Third party safety & health companies may have the staff that is able to write a specific program to meet the needs of your company. This may be a cost effective alternative to taking on this task yourself. Contact: losscontrol@oryxinsurance.com for additional advice on safety & health written documentation & training. The safety & health manual needs to be a living, breathing document that can be updated as rules and standards change. The document **SHOULD NOT** be a paper tiger that sits on a shelf collecting dust.

Copies of the safety manual should be distributed to all your staff members and trade contractors. Have each recipient sign a form that acknowledges their receipt of the manual. This helps reinforce everyone's responsibility to read and use the manual and abide by your company's safety program. Remember, signing a document of understanding does not absolve the employer from absolute liability after the review. Continuous documented training and education needs to follow a review of the safety & health program.

### 6. Training

Make sure new employees receive documented job site safety training as part of their orientation. It's particularly crucial that superintendents receive thorough training in specific job site safety procedures, OSHA regulations and first aid. There are many areas within the OSHA code rule (1926 for Construction, 1910 for General Industry) that require a company to have a "Competent Person (CP)".

A competent person as defined by OSHA is; "one who is capable of identifying existing and predictable hazards in the surroundings or working conditions which are unsanitary, hazardous, or dangerous to employees, and who has authorization to take prompt corrective measures to eliminate them.

A competent person shall also have a direct working knowledge of the code rule for their areas of competency. (i.e. a competent person for fall protection in construction needs to understand and be able to put into practice elements of 29 CFR 1926 subpart "M" for Fall Protection). Based on the knowledge of the CP, they should be the employee in charge of training for their area(s) of expertise.

Many areas within OSHA code rules require the employer to supply training for employees. The individual performing the training needs to be well versed in the area. All trainers need to understand the material to be disseminated to the employee(s). It is highly recommended that trainers take an OSHA outreach 10 or 30 hour safety class. This will give the training employee the information necessary to adequately teach the new or

transferred employee the essential information about their job. Document all activity in regards to safety and health. As far as OSHA is concerned, if it is not documented, it did not happen! The more safety & health education your employees receive at initial hire, the safer employee base your company will have.

In addition to formal training, weekly training at the facility or site is recommended. Weekly safety talks or "Toolbox Talks" are an excellent way to administer safety & health education to employees on a weekly basis. Talks should be done as early in the week as possible and be pertinent to the work at hand. As always, document this segment of your safety training as well. By reinforcing the safety message with Toolbox Talks, employees are constantly reminded of the value of safety within your organization.

OSHA is an important training resource, as well. OSHA has many online training aids that can be downloaded for use at no cost (www.osha.gov). Your local OSHA area office is willing to consult with you to coordinate training for your company. In addition, consult with your insurance carriers.

# 7. A Modified or Early-Return-to-Work Program

This program allows an injured worker to do light or transitional duty (driving trucks until he has recuperated enough to install roofing, for example) as soon as a physician agrees that the worker can return to the work site.

Early return to work keeps employees alert and in responsible ownership of their jobs. Early return to work will also lessen the burden on your workers compensation carrier, and may save you money in premiums.

#### 8. Trade Contractor Compliance

An important part of your program is choosing subs that care about safety. Prequalifying subs, evaluating their safety history and requiring a safety and health program and workers' compensation is one way to help keep your insurance and safety and health costs low.

Stress to your trade contractors that they must abide by your company's safety program. If they don't, they could endanger everyone on your job site and make you liable for OSHA citations. Unless all prerequisite documents are signed and in place, and insurance coverage for the subcontractor (and the subcontractors subs as well) are in place and documented, do not let the subs enter your site or start their portion of the work.

Insist that all subcontractors take part in documented Toolbox Talks. If you are having a talk on a safety item that has relevance to all workers on site, insist that the subs attend the talk. If not, insist that the subs perform a talk (documented) that has a direct relationship to the work and services they are providing

Another way to evaluate a potential subcontractor is an OSHA history. All OSHA citations are part of the public domain. On the OSHA web page look for "Inspection Data", then click on "Statistics". Once this is opened, click on "Establishment Search". All opened & closed inspections & citations are available for review.

#### 9. Measurement and Evaluation

Periodically review your safety program with a safety committee consisting of your company's safety administrator, superintendents, project managers and several field crew members. You may also want to ask trade contractors for their suggestions on how to fine-tune your safety program and its elements. A safety & health program needs to be continuously evolving. Always strive for "zero" safety incidents.

By tracking incidents, (injuries & near miss activity) trends will develop over time. Once you see a particular trend starting, put action and education plans in place to reduce the likelihood of repeat incidents. Involve the employees in the evaluation process. This empowers workers and gives them a greater sense of pride in their work. Get suggestions to remedy safety concerns from the employees. Employees know the job and know the hazards. They also may have ideas on how to make the process better. Utilize them as a resource!

# 10. Consistency

The elements of a safety program must work together. Implementing a single element isn't as good as putting a comprehensive program in place, but it's a start.

If you already have a job site safety program, be consistent in its application. Don't stop and start your program. Work at the program on a day to day basis. Your programs should not just sit on a shelf collecting dust. A safety & health program is a working document to be utilized day in and day out.

If you do not have an existing program in place, don't delay! Take the first step on the road to a safe workplace, increase employee productivity & morale and cost savings for your company!

Following these 10 Points will assist you in formulating or upgrading your safety & health programs.