



Preventing Construction Falls

Construction is inherently dangerous but it doesn't have to be unsafe. There are two fall fatalities per day in construction. The fall may be from a ladder, scaffold, steel, roof, decking, or anywhere someone isn't protected from falling. It happens so fast you don't have time to react or "catch yourself".

Recently, a 44-yr.-old construction worker died when he unhooked his lanyard to change locations and fell four stories to his death. Using a double lanyard to make sure you are protected 100% of the time prevents these tragedies. Are you sure everyone on your site is protected from falling? If not, you need to stop what you are doing and assess your fall protection program. Don't wait because you are too busy. What would you tell this man's widow? "I was going to make him use a double lanyard but had to care of something else first". Nothing is more important than making sure everyone goes home safe to their families each day.

Too many workers in construction continue to fall to their death needlessly. Anyone working over six feet should be protected from falling. Guard rails, floor covers, harnesses and lanyards with adequate anchors are all acceptable fall protection measures.

Remember, two people got up and went to work on a construction site this morning and aren't going home. They will fall to their death. Not one of them thinks they are going to die at work. We need to make sure they don't.

Please help us prevent falls. Follow these steps every day: plan, provide, train, and enforce.

1. **Plan** ahead to get the job done safely.
2. **Provide** the right equipment for the task at hand.
3. **Train** everyone to use the equipment safely.
4. **Enforce** safety at all times.

Remember: 100% fall protection is the only plan that works 100% of the time.

HOW THIS TOPIC APPLIES TO THIS JOB:

ATTENDEES: Print Name / Signature

DATE:

SUPERVISOR / FOREMAN SIGNATURE:

JOBSITE / PROJECT#:
