



2025 ON-SITE COURSES

Oryx has had a steadfast dedication toward the construction industry since 1996. We invest in education and training of our underwriters, loss control and claims representatives. It is our goal to provide courses at the Oryx Education Center that educate and inform employers how to provide a safer work environment for their employees. A safer work environment will lead to a reduction in losses, lower insurance premiums and in the end will make your business/jobsite more profitable.

Adult First Aid/CPR/AED – IN PERSON (Syracuse, NY)

Prepare your workplace to respond with Adult First Aid/CPR/AED courses from the premier provider of OSHA-compliant health and safety training. Our Adult FA/CPR/AED program is ideal for workplaces, schools and community groups. The Adult FA/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims about 12 years and older. Successful students will receive a certificate for Adult FA/CPR/AED valid for two years. This is an **IN PERSON** Class in **Syracuse**. MAX of **24** attendees. The zoom link is for registration purposes only.

REGISTER *In-Person Instruction – Syracuse, NY
8:00am–5:00pm, Friday, January 24, 2025*

REGISTER *In-Person Instruction – Syracuse, NY
8:00am–5:00pm, Friday, October 3, 2025*

Adult First Aid/CPR/AED – IN PERSON (Rochester, NY)

See description above.

This is an **IN PERSON** Class in Rochester. MAX of **24** attendees. The zoom link is for registration purposes only.

REGISTER *In-Person Instruction – Rochester, NY
8:00am–5:00pm, Friday, February 28, 2025*

REGISTER *In-Person Instruction – Rochester, NY
8:00am–5:00pm, Friday, September 5, 2025*

To register, send an email to edcenter@oryxclaims.com or call the Education Center at **315.930.3413**

These classes are a refresher style to be aware of the hazards and the OSHA regulations. Industry best practices will also apply, as the goal for these information sessions is injury and WC claim prevention. For each class successfully completed, policyholders will receive a certificate of achievement to display in their office with a copy sent to the underwriting file.

If you have questions or need assistance registering, send an email to edcenter@oryxclaims.com or call the Education Center at 315.930.3413.

OSHA 10 Hour Construction – IN PERSON (Syracuse)

OSHA Outreach Training: The Construction Industry OSHA 10 Hour program is designed to provide workers with an awareness of the hazards of construction. Upon completion of this course the student will receive an OSHA 10 Hour card for Construction Industry. This is a 2-day course (Thursday & Friday) and **IN PERSON** in **Syracuse**. MAX of **24** attendees. The zoom link is for registration purposes only.

REGISTER *In-Person Instruction–Syracuse, NY, 8:00am–2:00pm,
Thursday and Friday, September 11–12, 2025*

OSHA 10 Hour Construction – IN PERSON (Rochester)

OSHA Outreach Training: The Construction Industry OSHA 10 Hour program is designed to provide workers with an awareness of the hazards of construction. Upon completion of this course the student will receive an OSHA 10 Hour card for Construction Industry. This is a 2-day course (Thursday & Friday) and **IN PERSON** in **Rochester**. MAX of **24** attendees. The zoom link is for registration purposes only.

REGISTER *In-Person Instruction–Rochester, NY, 8:00am–2:00pm,
Thursday and Friday, September 25–26, 2025*

In-Person classes are held at the following locations:

- **Syracuse:** Oryx Education Center
3 Adler Drive
East Syracuse, NY 13057
- **Rochester:** Rochester Personal Defense
300 Buell Road
Rochester, NY 14624