



## 2025 ONLINE COURSES

Oryx has had a steadfast dedication toward the construction industry since 1996. We invest in education and training of our underwriters, loss control and claims representatives. It is our goal to provide courses at the Oryx Education Center that educate and inform employers how to provide a safer work environment for their employees. A safer work environment will lead to a reduction in losses, lower insurance premiums and in the end will make your business/jobsite more profitable.

### OSHA Recordkeeping

- Understanding the OSHA record keeping requirement
- Determining 'recordability' of an injury
- Reviewing E-reporting of OSHA 300 logs
- Conduct 'practice entries' of accident data, days away and restricted days

**REGISTER** 9:00-11:00am, Tuesday, January 7, 2025

**REGISTER** 9:00-11:00am, Tuesday, February 4, 2025

### Accident Investigation & Root Cause Analysis

This course provides an introduction to basic accident investigation procedures and describes accident analysis techniques. The goal of the course is to help participants gain the basic skills necessary to conduct an effective accident investigation at their workplace. Topics include the primary reasons for conducting an accident investigation, employer responsibilities related to workplace accident investigations and a six-step accident investigation procedure.

**REGISTER** 9:00-10:00am, Tuesday, February 25, 2025

### General Safety Session 1

- Fall protection
- Scaffold safety checklist
- Common sense awareness discussion
- Slips, trips and falls

**REGISTER** 9:00-10:00am, Tuesday, March 11, 2025

Each General Safety Session class is a refresher style to be aware of the hazards and the OSHA regulations. Industry best practices will also apply, as the goal for these information sessions is injury and WC claim prevention. For each class successfully completed, policyholders will receive a certificate of achievement to display in their office with a copy sent to the underwriting file.

**If you have questions or need assistance registering, send an email to [edcenter@oryxclaims.com](mailto:edcenter@oryxclaims.com) or call the Education Center at 315.930.3413.**

### Supervisor / Foreman

The Supervisor/Foreman class focuses on what safety functions a foreman should be undertaking as a supervisor. We review leadership and skill development for supervisors so they may better communicate with their crews. Construction supervisors are usually selected or promoted based on skills as workers and their ability to organize and complete work. Typically, not much emphasis is placed on the safety requirements for a supervisor. This class will assist the integration of safety as part of the supervisors' duties and planning of work. It will train observational skills for safety hazard recognition, as well as the elimination of those hazards before they can cause an injury. The target audience is project supervisors.

**REGISTER** 9:00-10:30am, Tuesday, March 25, 2025

### Scaffolding / Competent Person

- Scaffold Hazards
- Duties of "competent person"
- Basic scaffold requirements
- Fall protection and guardrails
- Employee training

**REGISTER** 9:00-11:00am, Tuesday, April 8, 2025

### General Safety Session 2

- Proper use of PPE
- Hazards Assessments
- Employer Obligations
- Employee's Obligations

**REGISTER** 9:00-10:00am, Tuesday, April 15, 2025



## 2025 ONLINE COURSES *continued*

### The Safety Manual – A Discoverable Document

The safety manual is a core element in any employer's safety program. What you put in the manual can be helpful and also be used against you in a legal proceeding. It is important to know what should be in a manual and what could be harmful.

We will also discuss how some manuals need to meet certain screening standards from 'clearing houses' such as ISNet, Avetta and Browz, to be able to work in industrial environments.

This program should help employers understand the importance of any written safety document, and particularly the manual the company relies on to inform employees at all levels.

Legal advisers always say; "if it isn't in writing, it didn't happen". In the case of the manual, what may be in the manual may commit you to some documentation that you are not performing. This then may show that you are not complying with your own written program and could undo your defense strategy.

The program is intended to improve your manual and provide a defense for an OSHA citation and potentially defend a NY Labor Law claim.

**REGISTER** 9:00-10:00am, Tuesday, April 22, 2025

### General Safety Session 3

- HAZ-COM awareness
- The basics of LOTO

**REGISTER** 9:00-10:00am, Tuesday, May 6, 2025

### General Safety Session 4

- Respiratory protection
- Silica

**REGISTER** 9:00-10:00am, Tuesday, June 10, 2025

### General Safety Session 5

- Dangers of trenching and excavation
- Trench safety measures
- Competent person
- Access and egress
- General trenching and excavation rules
- Protective systems: Benching; Sloping; Shoring; Shielding

**REGISTER** 9:00-10:00am, Tuesday, July 15, 2025

### General Safety Session 6

Soft tissue injuries are injuries that affect your muscles, nerves, tendons, ligaments, joints and spinal discs. This is the most prevalent type of injury in the construction industry! Although not fatal, these types of injuries can be disabling, preventing an individual from leading a normal lifestyle, and in some cases, living with constant pain.

- Examples and symptoms of soft tissue injuries
- Primary causes
- Treatment
- Why is prevention so important?

**REGISTER** 9:00-10:00am, Tuesday, August 19, 2025

### General Safety Session 7

- Characteristics of a Defensive Driver
- Types of driving conditions
- Hazardous driving examples
- Road rage
- Fatigue and drowsy driving

**REGISTER** 9:00-10:00am, Tuesday, September 9, 2025

For questions on Oryx's Education Center or to request classes tailored specifically for your operations, contact your assigned Loss Control Representative directly, or call the Education Center at **315.930.3413**, or email [edcenter@oryxclaims.com](mailto:edcenter@oryxclaims.com)

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